

COME TO ME...

With the joy of sharing our faith, we have gathered this Sunday in the house of God. And in listening to his word, we find reasons to walk in hope and not lose our peace.

To properly understand the Gospel we have heard, we must place ourselves in the context in which Jesus found himself.

Jesus traveled to different towns proclaiming the Kingdom of God, inviting people to conversion, healing the sick, and freeing those oppressed by evil. These actions caused discomfort among various opposing groups, but the saddest part is that even some of Jesus' friends decided to distance themselves from him.

Jesus transforms this moment of difficulty and opposition into a blessing.

Jesus chooses to praise our Father God and give thanks because he has revealed the secrets of the Kingdom to the humble.

Who among us hasn't felt tired and overwhelmed in life? Surely we've all felt this way, carrying the burdens of life.

But in the midst of this weariness and burden, we don't always respond in the best way. Often, faced with adversity, illness, or worries and needs, we rebel against God. We choose the path of complaining, rebellion, and anger, and subsequently distance ourselves from the One who created us.

Jesus gives us a great lesson: in the face of problems and difficulties, praise and thanksgiving, united to Him, are the way to offer these sufferings to God and trust in His providence.

That is why Jesus invites us to go to Him, to have intimacy with Him, so that we may find relief and comfort.

To bear these sufferings not in solitude, but united with Jesus.

The relief that comes from the Lord refreshes the soul and is within our reach. Father Cornelio A. Lápide (a Jesuit priest) cites three means to find this relief:

- The sacraments, particularly the Eucharist; how much good it does the soul to receive Jesus in the Eucharist, to visit the Blessed Sacrament, to participate in a holy hour, or to experience God's forgiveness in confession.*
- Prayer; Jesus consoles us with the sweetness of his consolations, those "little hugs" he gives us that lift us up.*
- Remembering the Beatitudes: Blessed are those who mourn, for they will be comforted.*

But all of the above will be possible to understand and, above all, to put into practice, through the key of humility. It is the key that reveals to us the secrets of the Kingdom.

Let us ask Our Lady of Heaven to grant us the grace to go to Jesus and enjoy his divine consolations.