

THE MOST HOLY BODY AND BLOOD OF CHRIST...

Today we celebrate the solemn feast of the Body and Blood of Christ, commonly known by its Latin term: Corpus Christi.

Although in Mexico we celebrate this feast on the Thursday after Pentecost, I have chosen the readings proper to this feast, according to the provisions of the bishops in the United States of America.

Pope Leo reminds us that the Eucharist is the goal, the culmination of the entire Christian life.

Our life of faith cannot be understood if we disregard Jesus in the Eucharist.

Our Lord Jesus Christ has chosen to remain present among us as food for our journey. He is a sign of his love and his generous self-giving for each one of us.

He makes himself present in every Eucharistic celebration; he makes himself present in the bread and wine, which are transformed into the Body and Blood of Christ. While we recognize His living and real presence in the Eucharist, it is important to reflect that by participating in this same Eucharist, we are committed to giving life to others.

Participating in the Eucharist has a twofold dimension: personal and communal.

Personal, because by receiving Him intimately within us, our relationship with Him is strengthened, and our faith matures and grows progressively.

Communal, because by receiving Jesus sacramentally, we are transformed into Christ Himself, who gives Himself and offers Himself without distinction; and at the same time, He impels us to mission. That is, being close to and in solidarity with those in need invites us to

transform our social structures through our witness and with the strength of Christ within us.

That is why on this day we show our gratitude to God for the gift He has given us in Jesus in the Eucharist. We also express our adoration and praise to our Lord and Savior, and at the same time, we express our commitment to be Eucharist for others. May Mary, Mother of Love, lead us by the hand to her Son Jesus, and in Him may we find our strength and a foretaste of eternal life. Amen.