



RECTORÍA SAN JUAN DE DIOS

First Sunday in Lent - 22 February 2026

[Fr Josué Arellano Reynoso](#)

[SJD Web Site](#) * [SJD Facebook page](#)



EVERY FRIDAY during Lent

Stations of the Cross 5:00pm (Spanish)

Announcements and Calendar

- **Confessions** - 15 minutes before Mass
- **Sunday Lunch** - [La Casona](#), 11:45
- **Bottle cap collection** - every Sunday
- **Mass Intentions** - \$60MXN, see Margarita
- **Food basket** - donations food or cash
- **Adoration** - Thursdays from 8:45 to-Noon

This Week's Prayer Intentions



Abbie Adams-Yaffe
 Ron & Maureen Allin
 Bob Baer
 Carmen Bernasconi
 Angalia Bianca
 Alberto Celorio
 Sandy Crane
 Colin Dearwater
 Leonardo Defilippis
 Mike Doyle
 Betty Fisher
 Tim & Nancy Fisher
 Fred Frey
 Monica Garcia
 Sophie Guerinot
 Michael Hogeorges
 Fr. Jeff Holtman
 Hunter Family
 Erin Kalkbrenner
 Jason Kottra
 Jennifer Kottra
 John Kottra

Nina Kumar
 Surendra Kumar
 Bill Lyle
 Sid Martin
 Dan McDonald
 Mary Agnes McKay
 Jeff Miller
 Engracia O'Brien
 Aiden Pawloski
 April Pope
 Race Proflitt
 Tony Ronci
 Dr. Mattie Schauer
 Sarah Stirton
 Betty Talty
 Wayne Troups
 Marilyn Vollman
 Crystal Wendell
 Hilary Wick
 Jane Wilbrecht
 Kay Williams
 Matt Zirkle

Please send prayer requests to [Mary Kavanagh](#)

*Set a guard over our priests, O Lord.
 Watch over them day and night.
 Keep evildoers far from them.
 Protect them everywhere and always. Amen.*

Examination of Conscience

[Daily examen](#); [General Examination](#)

“‘[C]onscience’ is not a synonym for ‘personal opinion.’ A Catholic conscience is rooted in the infallible Word of God that is faithfully transmitted from generation to generation through the Church’s Magisterium...And so, no priest, bishop, cardinal, or pope can alter its content one iota...Conscience is the most secret core and sanctuary of a man. There he is alone with God...”

Fr Peter Stravinskis in [Catholic World Report](#)

How old is the Hail Mary?



If you mean the words spoken by Gabriel to Mary at the Annunciation, then it is about 2,025 years old.

If you mean the prayer, then it is about 1,000 years old. If you mean the musical settings familiar to us: Shubert’s setting was composed in 1825 and the Bach/Gounod setting in 1853.

But if you mean the famous football play, then it is 50 years old. Roger Staubach, a devout Catholic, told the press that he said a Hail Mary as he threw the “miracle” game-winning pass to Drew Pearson on Dec. 28, 1975. Since that time, “Hail Mary” has made its way into the American lexicon as synonymous with any desperate, last minute plea.

[National Catholic Register](#)

Prayer for US 250 year anniversary

Catholic Vote’s new prayer initiative—part of the official White House America Prays program—was developed with Cardinal Raymond Burke: “It is my earnest hope that every Catholic in America will unite with us in this commitment to prayer, asking the Sacred Heart of Jesus, through the Immaculate Heart of Mary, to renew our hearts and to guide our nation in the way of truth, justice, and peace.” [Prayer campaign](#)



PRAY TO END ABORTION

Chemical abortions account for 63% of all reported abortions in the U.S. (2023). Mail-order pills can be shipped into every state, even where banned. A 2026 study showed that 1 in 10 women had a serious adverse event from the drugs and 6% needed surgery. [EWTN News](#)

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