

## HE WHO IS HUMBLE WILL BE EXALTED

*My son, conduct your affairs with humility, and you will be loved more than the generous. With these words, the Book of Sirach presents us with a summary of the content of God's word on this 22nd Sunday in Ordinary Time.*

*In contrast to this teaching, we discover a current culture with a need to be recognized, to compete, and to strive to be better than others.*

*The Gospel of Saint Luke tells us of a moment in the life of Jesus, where he is invited to dinner at the home of one of the leaders of the Pharisees. Jesus notices how the guests seek the first places, believing themselves to be more important than others. And Jesus takes advantage of this situation to share with them the importance of humility in their lives, through the parable of the wedding banquet.*

*But before continuing our reflection, we should ask ourselves, who is the proud one?*

*This is anyone who pretends to believe they are better than others, that their importance is greater than that of others. They place their own value on things that are not so important: for example, their image, their social status, their intelligence, beauty, or knowledge; the achievements they have attained, etc.*

*A person filled with pride always believes they are right, does not accept correction; they even go further, imposing their own standards above others.*

*And if we are honest with ourselves, and especially before God, at different times in our lives, we have fallen into the temptation of pride.*

*That is why Jesus gives us the antidote to combat it; this medicine is humility.*

*Humility is understood as living in truth, recognizing that the Creator of all good things is the origin of all good, of all achievement; and that if we have achieved success and prosperity in some aspect of our lives, it is due to His goodness and mercy.*

*Jesus invites us not to seek first places, but rather to give opportunities to others. And at the same time, he invites us not to seek to be rewarded with the same favor or a greater one when we render a service to someone.*

*Rather, we should serve others without expecting any reward.*

*The teachings of Jesus are not easy to put into practice, since they go against the world's mentality. That is why we need the power of the Holy Spirit, who reveals our truth and the truth of God to us.*

*In the goodness of God, whoever strives to practice humility will find grace before him and the ultimate reward at the banquet of the kingdom of heaven.*

*Let us ask Our Lady of Heaven, humble and generous mother, to guide us along the path of humility, and through this path, give glory to our God.*  
**AMEN**